



Contact:

Lisa Gish, RN, MHA

Director of Clinic Operations

812 205 8355

lgish@tscommunityclinics.com

For Immediate Release

Wellness Center Opens in Otwell:

Partnership between Tri State Community Clinics, LLC and Elmer Buchta Trucking LLC

March 7, 2011 — The 180 employees of Elmer Buchta Trucking LLC, Otwell, will soon have an on-site Wellness Center, through a partnership with Tri State Community Clinics, according to Joseph D. Neidig, CEO, of the Clinics.

“The major reason we are opening the Wellness Center is to help our employees. We are very excited about the opportunity,” said Kirk Wright of Buchta Trucking. “Our Center will make our employees healthier as we partner with them for improved wellness.

“The 500-square foot Fitness Center will be open 24/7 and the Clinic area will offer services four days a week. Three of those days a Nurse Practitioner from Tri State Community Clinics will be available to employees and dependents. Exams and prescriptions are provided at no cost for those who are on our employee health insurance.”

He added, “We will offer physical therapy services on a fourth weekday.”

Elmer Buchta Trucking LLC is owned by Wright Family Investments Group of Evansville, and provides bulk-haul trucking and transportation services.

For more than a year, Tri State Community Clinics has provided health and wellness services to Tri State businesses, said Neidig. The Clinics also provide services for Evansville ARC, Flanders Electric Motor Service, and A & A Metal Products.

The on-site Clinics provide medical personnel who serve as coaches and health advocates for employees and family members, said R. Chad Perkins, Chief Medical Office for the Clinics. Dr. Perkins is a long-time Evansville physician who maintains a traditional practice and directs Clinic medical activities.

He added, employees and family members typically use the Clinics for simple illnesses, strains and sprains, smoking cessation, weight loss and diabetic counseling, and sports physicals.

“The Clinics by no means replace traditional physicians,” said Dr. Perkins, “However, when services are readily available, employees are more likely to take more responsibility for personal health issues.”

Employees don't have to worry about travel time, and easy access to services encourages more careful monitoring of typical health markers, such as cholesterol, blood pressure, and blood sugar, Dr. Perkins added.

Neidig stated that substantial savings of time and resources has been a huge benefit for both employee and employer.

"By providing affordable and accessible health care to employees, and fully integrating wellness into their lives, a real opportunity is created for improved health that translates into lower costs for employers," Neidig added.

"Several of our Clinics have shared with us that they have achieved tremendous cost savings as well as a noticeable increase in employee health and morale.

"We feel our partnerships with industry have great potential for making a lasting positive difference in the health of our Tri-State region."

For more information, call Lisa Gish (number at top of page) or visit the Tri State Community Clinics web-site at www.tscommunityclinics.com.